**POKEMON SS/PLATINUM**Scizor @ Metal Coat/Iron Plate/Leftovers/Wide Lens  
Adamant Nature  
Ability: Technician  
Ev’s: 84 hp, 252 atk, 164 speed, 4 def, 4 sp.def  
Moves:  
- Substitute  
- Swords Dance  
- Bullet Punch  
- Superpower/RoostBlastoise @ Wide Lens/Expert Belt/Choice Specs   
Iv’s: 31/31/31/30/31/31 (Hidden Power Electric)  
Nature: Modest  
Ability: Torrent  
Ev’s: 252 sp.atk, 180 speed, 76 hp  
Moves:  
- Hydro Pump (main attack, Wide Lens gives Hydro Pump 88% accuracy)  
- Ice Beam (main attack)  
- Rapid Spin  
- Return/Strength/Skull Bash/Zap Cannon(Hidden Power Electric)/Surf/Rest  
  
Latios @ Soul Dew  
Nature: Timid   
Ability: Levitate  
Ev’s: 252 sp.atk, 252 speed, 4 hp  
Moves:  
- Dragon Pulse/Draco Meteor   
- Calm Mind/Fly/Flash/Thunderbolt  
- Recover/Psychic/Surf/Fly  
- Thunder Wave/Fly/Substitute  
  
  
  
 **• I prefer Metal Coat over Iron Plate on Scizor, because wrapping Scizor’s Pincers in a layer of Metal is a pretty cool idea to make Scizor’s hits stronger. Iron Plate is a nice idea too, to have part of it on Scizor as a necklace to give his Steel moves a boost.  
• Blastoise’s moves based on tier: Hydro Pump, Ice Beam, Rapid Spin, Return, Hidden Power Electric (Zap Cannon), Skull Bash, Water Pulse  
Blastoise’s physical moves based on tier: Rapid Spin, Return, Mega Punch, Skull Bash, Strength, Earthquake, Ice Punch**

Metagross @ Leftovers/Iron Ball/Lum Berry  
Nature: Adamant  
Ability: Clear Body  
Ev’s: 252 hp, 252 attack, 4 speed  
Moves:  
- Trick/Flash/Strength/Explosion  
- Meteor Mash  
- Earthquake  
- Stealth Rock/Thunder Punch/Zen Headbutt/Explosion  
  
Ivysaur @ Muscle Band/Miracle Seed/Wide Lens/Quick Claw/Power Herb  
Nature: Naughty   
Ability: Overgrow  
Ev’s: 252 attack, 252 speed, 4 sp.atk  
Moves:  
- Power Whip  
- Razor Leaf  
- Return  
- Swords Dance/Solarbeam/Earthquake/Seed Bomb/Bullet Seed  
  
Blaziken @ Wide Lens/Expert Belt  
Nature: Adamant  
Ability: Blaze  
Ev’s: 252 atk, 252 speed, 4 hp  
Moves:  
- Swords Dance/Thunder Punch  
- Blaze Kick/Flare Blitz/Fire Punch (Wide lens gives Blaze Kick 99% accuracy)  
- Sky Uppercut/Superpower (Pretend it’s Close Combat)  
- Return/Quick Attack (Pretend it’s Extremespeed)

Marowak @ Thick Club  
IV’s: 31/31/30/30/30/31   
Nature: Jolly  
Ability: Rock Head  
Ev’s: 252 atk, 252 speed, 4 hp  
Moves:  
- Swords Dance/Substitute  
- Bonemerang/Earthquake  
- Double-Edge  
- Outrage/Fire Punch/Thunder Punch/Earthquake/Bone Club/False Swipe/Substitute  
  
Garchomp @ Muscle Band  
Jolly Nature  
Ability: Sand Veil  
Ev’s: 252 atk, 252 speed, 4 hp  
moves:  
- Substitute  
- Swords Dance  
- Earthquake  
- Outrage  
  
Zapdos @ Leftovers  
IV’s: 31/2/31/30/31/31 (HP Grass, only combination possible)  
Nature: Timid  
Ability: Pressure  
Ev’s: 248 hp, 248 def, 12 speed  
Moves:  
- Thunderbolt/Discharge  
- Hidden Power Grass   
- Heat Wave/U-turn  
- Roost/Fly

Staraptor @ Choice Band  
Nature: Adamant  
Ability: Intimidate   
Ev’s: 252 atk, 252 speed, 4 def  
Moves:  
- Brave Bird  
- Close Combat  
- Return   
- U-turn/Quick Attack/Fly

Uxie @ Choice Scarf  
Bold Nature  
Ev’s: 252 hp, 164 speed, 92 def  
Ability: Levitate  
- Trick   
- Skill Swap  
- Stealth Rock   
- Memento

Skarmory @ Focus Sash  
Bold Nature  
Ability: Sturdy  
ev’s: 252 hp, 156 def, 96 sp.def, 4 speed  
- Substitute  
- Flash   
- Roost  
- Whirlwind  
Drapion @ Black Sludge  
Careful Nature  
Ability: Battle Armor  
Ev’s: 252 hp, 20 def, 236 sp.def  
Moves:  
- Acupressure  
- Substitute  
- Rest  
- Crunch/Night Slash

**Goals  
  
Become the Platinum/Sinnoh Battle Tower Master and World Record Holder.**Teams I use for Battle Tower to reach my goal:  
**• Latios, Blastoise, Scizor (All-time Favorite team)  
• Uxie, Skarmory, Drapion  
  
Fun Goals post-ingame**• Platinum Sinnoh Battle Tower attempts with Scizor, Blastoise, Latios (Latios, Blastoise, Scizor)  
• Travel through Platinum with Scizor, Blastoise, Latios beating strong trainers (Sinnoh 3v3 Tournament, Rematch Gym Leaders in Battleground in Survival Area, Battling strong Pokemon at Stark Mountain)  
• Travel through and SS1 with SBL/SBLMIB/SBLMGZ beating strong trainers (SS1 League, battling Red, battling Gym Leaders in Fighting Dojo, battling Silver in Victory Road)  
  
**Competitive Goals**• Make a new twitch account (FullMetalRody).  
• Research how to set up a twitch stream with OBS.  
• Set up info section, layout, bots, faq, paypal link etc.  
• Test the stream.  
• Get streaming equipment (mic, etc.)   
• Get a Nintendo ds lite capture card.  
• Change date to current day and start going for the Battle Tower. See Platinum Battle Tower. Stream my “world record” attempts. • Go for “World Record” attempts in Platinum Sinnoh Battle Tower.

**Favorite 3v3 team:  
  
- Scizor, Blastoise, Latios**   
**(SS/Platinum) Nothing really threatens these 3 pokemon, as long as they are full health. Has no resistance against Flying and Rock.**  
  
Team’s type chart:  
Flying: 0x weakness, 0x resists  
Rock: 0x weakness, 0x resists  
Dragon: 1x weakness, 1x resists  
Ghost: 1x weakness, 1x resists  
Dark: 1x weakness, 1x resists  
Electric: 1x weakness, 1x resists   
Bug: 1x weakness, 1x resists  
Normal: 0x weakness, 1x resists  
Fighting: 0x weakness, 1x resists  
Ground: 0x weakness, 0x resists, 1x immune  
Poison: 0x weakness, 0x resists, 1x immune  
Ice: 1x weakness, 2x resists  
Grass: 1x weakness, 2x resists  
Fire: 1x weakness, 2x resists  
Water: 0x weakness, 2x resist  
Psychic: 0x weakness, 2x resists  
Steel: 0x weakness, 2x resists

**Favorite 6v6 teams:  
  
• Scizor, Blastoise, Marowak, Blaziken, Metagross, Latios (Platinum/SS)**• Top 6 favorite Pokemon with SBM order. I like SBLMIB more as a team, but this formation is cool too.   
• Have less options against Suicune, Starmie, Gyarados, Kingdra, Milotic, Vaporeon, Swampert. Assume Blastoise can use Zap Cannon (it’s actually Hidden Power Electric) to threaten Suicune, Milotic, Vaporeon, Gyarados. Assume Blastoise can 2HKO Swampert with Hydro Pump. Assume Metagross can blow up on Bulky Waters or use Thunder Punch on all of them. Assume Blaziken can outspeed Gyarados and use ThunderPunch.  
• Trick/Iron Ball Metagross can deal with Rotom-A/Zapdos/Skarmory.  
• Assume Blastoise can take on Suicune with Skull Bash/Mega Punch/Hidden Power Electric.   
• Assume Marowak can hit Rotom with Bonemerang (Since it can hit flying pokemon with Bonemerang in the anime as well. Pretend it has Foresighted the Ghosts)  
• Assume Scizor and Marowak outspeed pokemon like Starmie, Heatran, Houndoom. Marowak OHKOs 4hp/252speed/252sp.atk Timid Starmie with Bonemerang/Earthquake without attack boost!  
• Pretend Scizor and Marowak both are incredibly fast and have 120 Base Speed stat. Pretend Latios has 130 Base Speed stat.  
• Scizor can spar with Blaziken, in order to train against fire-type attacks.Team’s type chart:  
Ground: 2x weakness, 0x resists, 1x immuneWater: 2x weakness, 2x resists  
Ghost: 1x weakness, 1x resists  
Flying: 1x weakness, 1x resists  
Fighting: 0x weakness, 1x resists  
Electric: 1x weakness, 1x resists , 1x immune  
Rock: 1x weakness, 2x resists  
Dragon: 1x weakness, 2x resists  
Bug: 1x weakness, 2x resists  
Dark: 1x weakness, 2x resists  
Ice: 2x weakness, 3x resists  
Fire: 2x weakness, 3x resists  
Normal: 0x weakness, 2x resists  
Psychic: 1x weakness, 3x resists  
Grass: 2x weakness, 4x resists  
Poison: 0x weakness, 1x resists, 2x immune  
Steel: 0x weakness, 4x resists

**Threat list:**  
**Suicune**: Latios. Blastoise ‘Zap Cannon to paralyze it’. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Suicune. Metagross explode on it.   
**Swampert:** Latios, Blastoise. Assume Blastoise 2HKOs with Hydro Pump. Latios Draco Meteor does lots of damage. Metagross can blow up on it. Assume Scizor is bulky and can set up on Swampert with SD + Roost + X-Scissor/U-turn. **Starmie:** Scizor and Marowak outspeed and OHKO offensive Starmie. Latios, Blastoise, Metagross, handle defensive Starmie.  
**Gyarados:** Blastoise, Latios. Pretend Blaziken outspeeds it and can hit it super effectively with Thunder Punch, OHKO’ing it. Same goes for Marowak.  
**Kingdra:** Pretend I can only face Kingdra in water or during a water field. I use Blastoise or Latios when this is the case. Offensive pressure, don’t give it time to set up.Latios, Blastoise. Metagross can Trick it and it can beat physical Kingdra. Blaziken can revenge kill it with Extreme Speed. When it gets a Rain Dance, switch between Scizor, Blastoise, Latios, Metagross to burn Rain Dance turns.  
**Milotic:** Latios. Blastoise ‘Zap Cannon to paralyze it’. Metagross explode on it. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Milotic. Assume Scizor is bulky and can set up on Milotic with SD + Roost + X-Scissor/U-turn. **Vaporeon:** Latios. Blastoise ‘Zap Cannon to paralyze it’. Metagross explode on it. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Vaporeon. Assume Scizor is bulky and can set up on Vaporeon with SD + Roost + X-Scissor/U-turn. **Yanmega:** Scizor. Assume Blaziken can use Extreme Speed. Assume Blastoise beats it with Ice Beam.  
**Garchomp:** Blastoise. Metagross can switch into Outrage. Scizor can switch into Choice Scarf Garchomp Dragon moves. Latios can revenge kill Garchomp without Choice Scarf. Pretend Marowak and Scizor can revenge kill it. Opposing Garchomp is super dangerous.  
**Machamp**: Latios. Blaziken and Marowak hit it hard. All my Pokemon can hit it.   
**Rotom-A:** Soul Dew Latios Draco Meteor OHKO’s it. Assume Marowak outspeeds and can beat it with Bonemerang/Bone Club. Metagross can use Trick + Iron Ball on it. Choice Scarf Rotom-W is dangerous.  
Gastrodon: Blastoise Hydro Pump does lots of damage, Latios Draco Meteor does lots of damage. Metagross can explode on it.  
Empoleon: Latios, Metagross. Blastoise against Empoleon without Grass Knot. Marowak STAB Ground Move. Blaziken High Jump Kick/Sky Uppercut. Make sure Empoleon has no opportunity to set up Agility.  
Scizor: Blaziken, Blastoise  
Lucario: Blaziken. Marowak can outspeed Lucario, take an Extremespeed and hit Lucario with Earthquake.   
Gengar: It’s dangerous when it can get a sub up. Scizor, Metagross can deal with it. Marowak can hit it with Bonemerang/Fire Punch/Outrage.  
Salamence: Blastoise, Scizor, Latios  
Dragonite: Blastoise, Scizor, Latios  
Heracross: Blaziken, Scizor  
Mamoswine: Scizor, Blastoise  
Latias: Metagross, Scizor  
Zapdos: Latios, Marowak  
Raikou: Marowak, Latios  
Heatran: Blastoise. Pretend Marowak outspeeds. Blaziken.  
Breloom: Blaziken, Latios  
Roserade: Scizor, Latios  
Tyranitar: Scizor, Blastoise, Marowak  
Infernape: Blastoise, Latios  
Flygon: Scizor, Blastoise  
Gliscor: Blastoise, Latios  
Metagross: Blastoise, Zapdos  
Skarmory: Blaziken, Latios, Blastoise  
Clefable: Scizor, Metagross  
Staraptor: Metagross, Scizor  
Aerodactyl: Blastoise, Marowak  
Jolteon: Marowak, LatiosMagnezone: Marowak, Latios  
Houndoom: Blastoise, Blaziken. Assume Marowak outspeeds and OHKOs with STAB Ground move.

**- Scizor, Blastoise, Latios**, **Metagross, Ivysaur, Blaziken**  
**FAVORITES TEAM**  
  
Team’s Type chart:  
Flying: 2x weak, 1x resists  
Ground: 2x weak, 0x resists, 1x immune   
Fire: 3x weak, 3x resists  
Ghost: 1x weak, 1x resists  
Psychic: 2x weak, 3x resists  
Dark: 1x weak, 2x resists  
Bug: 1x weak, 2x resists  
Electric: 1x weak, 2x resists  
Dragon: 1x weak, 2x resists  
Rock: 0x weak, 1x resists  
Normal: 0x weak, 2x resists  
Fighting: 0x weak, 2x resists  
Poison, 0x weak, 0x resists, 2x immune  
Water: 1x weak, 3x resists  
Ice: 2x weak, 4x resists  
Steel: 0x weak, 4x resists  
Grass: 1x weak, 5x resists

**Threat list:**  
**Rotom-A:** Blaziken/Ivysaur/Latios. Metagross can Trick + Iron Ball it. Big threat. Scarf Rotom is most annoying. Soul Dew Latios Draco Meteor OHKO’s it. Metagross can use Trick it and give it Iron Ball. Ivysaur can damage Rotom-W badly. Blaziken can be damage Rotom-H badly.  
**Raikou:** All attacker Rash event Raikou with Aura Sphere is tough, Latios outspeeds Rash Raikou. Pretend Ivysaur doesn’t get 2HKO’d by Hidden Power Ice at full health and can use Sleep Powder. Latios, Metagross, Ivysaur can deal with it. Latios can cripple it with Thunder Wave and then deal with it easier. Blaziken can hurt it badly with “priority Extremespeed”.  
**Zapdos:** Latios. Metagross can use Trick it and give it Iron Ball. Only 1 reliable Zapdos counter and switch in, although Latios is a solid one. Assume Ivysaur can switch in and use Sleep Powder/Stun Spore/Leech Seed/Attacking Move. Zapdos is a big threat because it beats Scizor and Blastoise, and it can also beat Metagross and Ivysaur.  
**Electivire:** Blaziken, Latios. Is dangerous when it gets a motor drive speed boost.  
**Yanmega:** Big threat. Scizor Bullet Punch. Assume Blastoise can take a hit and OHKO with Ice Beam. Assume Metagross can take a hit and OHKO with Meteor Mash. Assume Latios outspeeds and nukes it with Draco Meteor/Dragon Pulse/Ice Beam/Thunderbolt. Assume Blaziken can outspeed and OHKO with a fire move. Assume Blaziken can use Extremespeed and 2HKO Yanmega with it.  
**Lucario:** Blaziken, Ivysaur  
**Starmie:** Scizor, Ivysaur, Latios. It’s fast and can do damage to my team members, but pretend Scizor, Ivysaur and Latios can all outspeed it and kill it.  
**Gyarados:** Blastoise Hidden Power Electric, Latios, Ivysaur more or less. Gyarados is dangerous when it gets too many Dragon Dances. Hidden Power electric on Blastoise is necessary. Assume Metagross can use Thunder Punch against it. **Kingdra:** Assume I will only face Kingdra in the water. I can use Blastoise and Latios then, or other pokemon on platforms. If I face Kingdra I will always attack it. Make sure I’ll damage it when it uses Rain Dance. Metagross can beat Dragon Dance Kingdra. Special Rain Dance Kingdra is difficult to beat. Will need to switch between Blastoise/Latios/Metagross/Ivysaur. Don’t give Kingdra the opportunity to set up Rain Dance.  
**Empoleon:** Latios can take Ice Beam thanks to Soul Dew. Metagross can deal with 3 attack + Agility versions. Blastoise Hidden Power Electric can deal with versions that lack Grass Knot. Latios Thunderbolt can deal with versions that lack Ice Beam. Blaziken can OHKO it with High Jump Kick/Close Combat/Sky Uppercut. Scizor can use Superpower against it, Ivysaur can use Power Whip or Earthquake. Don’t give Empoleon the opportunity to set up Agility.  
**Heracross**: Blaziken, Scizor  
**Garchomp:** Blastoise, Latios. Metagross can come into Outrage.  
**Dragonite:** Blastoise, Scizor, Latios  
**Salamence:** Blastoise, Scizor, Latios  
**Gengar:** Scizor, Metagross can deal with it. It’s dangerous when it can get a sub.   
**Suicune:** Latios, Ivysaur. Supercune is dangerous. Assume Metagross can use Thunderpunch against it and can use Explosion on it.  
Swampert: Ivysaur. Latios Draco Meteor does lots of damage, Blastoise Hydro Pump does lots of damage.   
Gastrodon: Ivysaur. Blastoise Hydro Pump, Latios Draco Meteor.  
Charizard: Blastoise, Latios.  
Scizor: Blaziken, Blastoise  
Skarmory: Blaziken, Latios, Blastoise  
Mamoswine: Scizor, Blastoise, Blaziken  
Heatran: Blastoise, Latios, Blaziken  
Breloom: Latios, Blaziken  
Roserade: Scizor, Latios  
Tyranitar: Scizor, Blastoise, Metagross  
Infernape: Blastoise, Latios  
Machamp: Latios, Ivysaur  
Flygon: Scizor, Blastoise  
Gliscor: Blastoise, Latios  
Metagross: Blastoise, Scizor, Blaziken  
Clefable: Scizor, Metagross  
Staraptor: Metagross, Scizor  
Aerodactyl: Blastoise, Scizor  
Jolteon: Latios, Ivysaur

**• Scizor, Blastoise, Latios, Metagross, Garchomp, Zapdos (Platinum/SS)  
• Latios, Scizor, Blastoise, Metagross, Garchomp, Zapdos (Platinum/SS)**• Team has great synergy, no type weakness. It has 3x Ice weakness, 3 Ice Resists and 2x Fire Weakness, 2x Fire Resists. Ice isn’t a threatening attack type overall, but Waters with Ice Beam or Dragon Pulse can be dangerous (Kingdra, Empoleon, Suicune, Milotic). Besides waters, Lucario and Gengar are also a bit dangerous. Solid Favorites team overall.   
• There are multiple Latios and Zapdos in the pokemon lore, so I don’t mind using them in my favorites team.  
• Trick/Iron Ball Metagross can deal with Rotom-A/Zapdos/Skarmory.  
• Garchomp instead of Marowak to be stronger against Heatran.Team’s type chart:Ice: 3x weakness, 3x resists  
Fire: 2x weakness, 2x resists  
Dark: 1x weakness, 1x resists  
Ghost: 1x weakness, 1x resists  
Electric: 1x weakness, 1x resists , 1x immune  
Water: 1x weakness, 2x resists  
Rock: 1x weakness, 2x resists  
Dragon: 1x weakness, 2x resists  
Bug: 1x weakness, 2x resists  
Ground: 1x weakness, 0x resists, 2x immune  
Flying: 0x weakness, 2x resists  
Normal: 0x weakness, 2x resists  
Fighting: 0x weakness, 2x resists  
Psychic: 0x weakness, 3x resists  
Grass: 2x weakness, 4x resists  
Poison: 0x weakness, 1x resists, 2x immune  
Steel: 0x weakness, 4x resists

**Threat list:**  
**Zapdos:** Latios. Garchomp can revenge kill it. Metagross can Trick + Iron Ball it. My Zapdos can take it’s hits and Roost off damage. This team does fine against Zapdos, because Metagross can lure it and eliminate it.  
**Swampert:** Zapdos Hidden Power Grass. Latios Draco Meteor does lots of damage. Blastoise Hydro Pump does lots of damage. Garchomp can 2HKO it. Metagross can Explode on it.  
**Kingdra:** Pretend I can only face Kingdra in water or during a water field. I use Blastoise or Latios when this is the case. Offensive pressure, don’t give it time to set up.Latios, Blastoise. Pretend Blastoise has Zap Cannon (Hidden Power Electric) which it can use to Paralyze and damage Kingdra. Metagross can Trick it and it can beat physical Kingdra. Garchomp can revenge kill it outside of Rain. Try Pretend Zapdos survives a Hydro Pump in Rain at full health and can Paralyze Kingdra with Thunder Wave to cripple it. It is dangerous when it gets a Dragon Dance or Rain Dance.   
**Garchomp:** Blastoise. Metagross can switch into Outrage. Scizor can switch into Choice Scarf Garchomp Dragon moves. Zapdos can switch into Choice Scarf Garchomp Earthquake. Latios and Garchomp can revenge kill Garchomp without Choice Scarf. Opposing Garchomp is super dangerous.  
**Salamence:** Blastoise, Scizor, Latios. Metagross can switch into Outrage. Garchomp can revenge kill.  
**Scizor:** Zapdos, Blastoise.  
Mamoswine: Scizor, Blastoise.  
Rotom-A: Garchomp. Soul Dew Latios can take it and Draco Meteor OHKO’s it. Metagross can use Trick + Iron Ball on it. Choice Scarf Rotom-W is dangerous.  
Suicune: Latios, Zapdos. Assume Metagross can Thunderpunch it and Explode on it. Garchomp outspeeds it and 2HKOs it with Outrage. Supercune is dangerous.  
Electivire: Garchomp can take it and kill it with Earthquake or Outrage. Latios can OHKO it. Is dangerous when it has a Motor Drive speed boost.  
Lucario: Zapdos. Garchomp can outspeed Lucario, take an Extremespeed and hit Lucario with Earthquake. Lucario can’t really set up against any of my team members.  
Gyarados: Blastoise Hidden Power Electric, Zapdos, Latios  
Starmie: Scizor, Zapdos, Latios. Garchomp can revenge kill it.  
Houndoom: Blastoise, Garchomp. Is dangerous cause it is threatening to Scizor/Latios/Metagross.  
Empoleon: Latios, Zapdos, Metagross. Blastoise against Empoleon without Grass Knot. Make sure Empoleon has no opportunity to set up Agility. Garchomp can revenge kill.  
Gengar: It’s dangerous when it can get a sub up. Scizor, Metagross can deal with it. Garchomp can revenge kill.  
Dragonite: Blastoise, Scizor, Latios. Metagross can switch into Outrage. Garchomp can revenge kill.  
Heracross: Zapdos, Scizor  
Latias: Metagross, Scizor  
Raikou: Garchomp, Latios  
Gastrodon: Zapdos Hidden Power Grass. Blastoise Hydro Pump does lots of damage, Latios Draco Meteor does lots of damage.   
Heatran: Blastoise, Garchomp.   
Breloom: Zapdos, Latios  
Roserade: Scizor, Latios  
Tyranitar: Scizor, Blastoise, Garchomp  
Infernape: Blastoise, Latios  
Machamp: Zapdos, Latios  
Flygon: Scizor, Blastoise  
Gliscor: Blastoise, Latios  
Metagross: Blastoise, Zapdos  
Skarmory: Zapdos, Latios, Blastoise  
Clefable: Scizor, Metagross  
Staraptor: Metagross, Scizor, Zapdos  
Aerodactyl: Blastoise, Garchomp  
Jolteon: Garchomp, Latios  
Yanmega: Scizor, Zapdos  
Magnezone: Garchomp, Latios

**Pokemon that Scizor/Blastoise have trouble with:  
(Electric and Water types)**- Rotom-A (dangerous)  
- Electivire (dangerous)  
- Manectric (dangerous)  
- Ampharos (dangerous)  
- Luxray (dangerous)  
- Magnezone (dangerous)  
- Swampert  
- Gastrodon  
- Empoleon  
- Suicune  
- Milotic  
- Vaporeon  
- Kingdra  
- Tentacruel  
- Lanturn  
- Jolteon  
- Zapdos  
- Raikou  
  
**Pokemon that Scizor/Blastoise/Latios have trouble with:  
- Rotom-A** (Full health Latios beats it)  
**- Raikou** (Can be beaten 1v1 by Latios, is tough though)  
**- Kingdra** (Is dangerous when it has used Rain Dance or Dragon Dance, Can be beaten 1v1 by Blastoise and Latios)  
**- Empoleon** (Can be beaten by Latios. Blastoise can take Empoleon without Grass Knot.)  
**- Yanmega** (Can be beaten 1v1 by Scizor and Blastoise)  
**- Heracross** (Can be beaten 1v1 by Scizor, Blastoise and Latios)  
**- Suicune** (Can be beaten 1v1 by Latios, is tough though)  
- Swampert (Can be beaten 1v1 by Scizor, Blastoise and Latios)  
- Gastrodon (Can be beaten 1v1 by Scizor, Blastoise and Latios)  
- Quagsire (Can be beaten 1v1 by Scizor and Latios)  
- Starmie (Can be beaten by Scizor and Latios)  
- Gyarados (Can be beaten by Blastoise and Latios)  
- Milotic (Can be beaten 1v1 by Latios)  
- Vaporeon (Can be beaten 1v1 by Latios)

**Pokemon that Scizor/Blastoise/Marowak have trouble with:**- Rotom-A (dangerous)  
- Suicune  
- Swampert  
- Gastrodon  
- Empoleon  
- Gyarados  
- Milotic  
- Vaporeon  
- Kingdra  
- Tentacruel  
- Lanturn  
  
**Pokemon that Scizor/Blastoise/Latios/Metagross have trouble with:**- Rotom-A: Full health Latios beats it. Metagross can Trick it and give it Iron Ball  
- Heracross: Can be beaten 1v1 by Scizor, Blastoise, Latios and Metagross  
- Kingdra: Physical Kingdra can be beaten by Metagross. Is dangerous when it has used Rain Dance or Dragon Dance  
- Swampert: Can be beaten 1v1 by Scizor, Blastoise and Latios  
- Gastrodon: Can be beaten 1v1 by Scizor, Blastoise and Latios  
- Empoleon: Can be beaten by Blastoise and Latios  
- Gyarados: Can be beaten by Blastoise and Latios  
- Milotic: Can be beaten by Latios  
- Vaporeon: Can be beaten by Latios  
- Suicune: Can be beaten by Latios, is tough though

**Pokemon that Scizor/Blastoise/Marowak/Blaziken/Metagross/Latios have trouble with:  
- Suicune**: Latios. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Suicune. Metagross Boom.  
**- Swampert:** Assume Blastoise 2HKOs with Hydro Pump. Latios Draco Meteor does lots of damage. Metagross can blow up on it.  
**Starmie:** Scizor and Marowak outspeed and OHKO offensive Starmie. Latios, Blastoise, Metagross, handle defensive Starmie.  
**Gyarados:** Blastoise, Latios. Pretend Blaziken outspeeds it and can hit it super effectively with Thunder Punch, OHKO’ing it. Same goes for Marowak.  
**- Kingdra:** Pretend I can only face Kingdra in water or during a water field. I use Blastoise or Latios when this is the case. Latios, Blastoise. Metagross can Trick it and it can beat physical Kingdra. Is dangerous when it gets a Dragon Dance or Rain Dance.  
**- Milotic:** Latios. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Milotic. Metagross Boom. Assume Scizor is bulky and can set up on Milotic with SD + Roost + X-Scissor/U-turn. **- Vaporeon:** Latios. Assume Blastoise can use Zap Cannon (Hidden Power Electric) against Vaporeon. Metagross Boom. Assume Scizor is bulky and can set up on Vaporeon with SD + Roost + X-Scissor/U-turn.  
**- Yanmega:** Scizor. Assume Blaziken can use Extremespeed. Assume Blastoise beats it with Ice Beam.  
**Garchomp:** Blastoise. Metagross can switch into Outrage. Scizor can switch into Choice Scarf Garchomp Dragon moves. Latios can revenge kill Garchomp without Choice Scarf. Pretend Marowak and Scizor can revenge kill it. Opposing Garchomp is super dangerous.  
**- Machamp**: Latios. All my Pokemon can hit it.   
**- Rotom-A:** Soul Dew Latios Draco Meteor OHKO’s it. Assume Marowak outspeeds and can beat it with Bonemerang/Bone Club. Metagross can use Trick + Iron Ball on it. Choice Scarf Rotom-W is dangerous.

**Pokemon that Scizor/Blastoise/Latios/Metagross/Ivysaur/Blaziken have trouble with:  
- Yanmega** (Big threat. Scizor Bullet Punch. Blaziken can OHKO with fire move and Blastoise can OHKO with Ice Beam. Blaziken can use Extremespeed hehe)  
**- Rotom-A** (Big threat. Scarf Rotom is most annoying. Soul Dew Latios Draco Meteor OHKO’s it. Metagross can use Trick it and give it Iron Ball. Ivysaur can damage Rotom-W badly. Blaziken can be damage Rotom-H badly)  
**- Zapdos** (Latios. Metagross can use Trick it and give it Iron Ball. Only 1 reliable Zapdos switch in, altho Latios is a solid one. Assume Ivysaur can switch in and use Sleep Powder/Stun Spore/Leech Seed/Attacking Move)  
**- Raikou** (All attacker Rash event Raikou with Aura Sphere is tough, Latios outspeeds Rash Raikou. Latios, Metagross, Ivysaur can deal with it. Latios can cripple it with Thunder Wave and then deal with it easier. Blaziken can hurt it badly with “priority Extremespeed”.)  
- Electivire (Blaziken, Latios. Is dangerous when it gets a motor drive speed boost)  
- Lucario (Blaziken, Ivysaur)  
- Starmie (Scizor, Ivysaur, Latios. It’s fast and can do damage to my team members, but pretend Scizor, Ivysaur and Latios can all outspeed it and kill it.)  
- Gyarados (Blastoise Hidden Power Electric, Latios, Ivysaur more or less. Gyarados is dangerous when it gets too many Dragon Dances. Hidden Power electric on Blastoise is necessary. Assume Metagross can use Thunder Punch against it)

**Ingame opponents:**  
  
**SS:**  
Rematch calls:  
**Gym leader Brock** (call Saturday night)  
**Gym Leader Falkner** (Flying: Staraptor, Noctowl, Swellow, Honchcrow, Pelipper, Pidgeot) (call Saturday morning)  
**Gym leader Misty** (Water: Starmie, Quagsire, Lapras, Lanturn, Floatzel, Milotic) (call Wednesday morning)  
**Gym Leader Bugsy** (Bug: Shedinja, Vespiquen, Pinsir, Heracross, Yanmega, Scizor) (call Thursday afternoon)  
**Gym Leader Lt. Surge** (Electric: Magnezone, Electrode, Magnetric, Electivire, Pachirisu, Raichu) (call Friday morning)  
**Gym Leader Whitney** (Normal: Bibarel, Lickilicky, Clefable, Girafarig, Delcatty, Miltank) (call Saturday afternoon)  
**Gym Leader Erika** (Grass: Jumpluff, Victreebell, Bellossom, Shiftry, Roserade, Tangrowth) (call Sunday morning/Sunday afternoon)  
Gym Leader Morty (Ghost: Drifblim, Dusknoir, Sableye, Mismagius, Gengar, Gengar) (call Thursday night)  
**Gym Leader Janine** (Poison: Ariados, Toxicroak, Weezing, Drapion, Crobat, Venomoth (call Monday daytime/afternoon)  
**Gym Leader Chuck** (Fighting: Medicham, Hitmonchan, Hitmonlee, Breloom, Primeape, Poliwrath) (call Wednesday night)  
**Gym Leader Sabrina** (Psychic: Espeon, Mr. Mime, Jynx, Wobbuffet, Gallade, Alakazam) (call Sunday afternoon)  
**Gym Leader Jasmine** (Steel: Bronzong, Skarmory, Empoleon, Metagross, Magnezone, Steelix) (call Wednesday afternoon)  
**Gym Leader Blaine** (Fire: Torkoal, Camerupt, Rapidash, Magcargo, Houndoom, Magmortar) (call Tuesday afternoon)  
**Gym Leader Pryce** (Ice: Abomasnow, Glalie, Froslass, Dewgong, Walrein, Mamoswine) (call on Monday morning)  
**Gym Leader Blue** (Exeggutor, Machamp, Rhyperior, Arcanine, Tyranitar, Pidgeot) (call on Sunday night)  
**Gym Leader Clair** (Dragon: Gyarados, Dragonair, Aerodactyl, Kingdra, Charizard, Dragonite) (call on Friday night)  
  
**Rival Silver** (Crobat, Magneton, Gengar, Sneasel, Alakazam, Feraligatr) (on Monday and Wednesday before entering Pokemon League)  
**E4 Will** (Bronzong, Jynx, Grumpig, Slowbro, Gardevoir, Xatu)  
**E4 Koga** (Skuntank, Toxicroak, Swalot, Venomoth, Muk, Crobat)  
**E4 Bruno** (Hitmontop, Hitmonlee, Hitmonchan, Machamp, Hariyama, Lucario)  
**E4 Karen** (Weavile, Spiritomb, Honchcrow, Umbreon, Houndoom, Absol)  
**Champion Lance** (Salamence, Garchomp, Dragonite, Charizard, Altaria, Gyarados)  
**Red** (Pikachu, Charizard, Blastoise, Venusaur, Lapras, Snorlax) (after beating pokemon league)  
Rematching trainers with by calling them: see serebii for Routes and Dates  
  
Strong Pokemon:  
- Mt. Silver

**Platinum:**  
Survival Area Restaurant battles (Can battle up to 4 trainers each day, and they can be battled once a day):   
**Gym leader Roark** (Rock: Aerodactyl, Rampardos, Probopass, Golem, Tyranitar)  
**Gym Leader Gardenia** (Grass: Jumpluff, Cherim, Bellossom, Torterra, Roserade)  
**Gym Leader Maylene** (Fighting: Hitmontop, Breloom, Medicham, Lucario, Machamp)  
**Gym Leader Crasher Wake** (Water: Sharpedo, Floatzel, Quagsire, Gyarados, Ludicolo)  
**Gym Leader Fantina** (Ghost: Banette, Mismagius, Gengar, Drifblim, Dusknoir)  
**Gym Leader Byron** (Steel: Skarmory, Magnezone, Steelix, Bastiodon, Aggron)  
**Gyn Leader Candice** (Ice: Weavile, Abomasnow, Mamoswine, Froslass, Glaceon)  
**Gym Leader Volkner** (Electric: Jolteon, Raichu, Luxray, Electivire, Lanturn)  
**Cheryl** (HP: Wobuffet, Hariyama, Wailord, Drifblim, Blissey)  
**Buck** (Defense/Sp.Defense: Shuckle, Dusknoir, Torkoal, Umbreon, Claydol)  
**Marley** (Speed: Ninjask, Electrode, Crobat, Weavile, Arcanine)  
**Riley** (Attack: Absol, Salamence, Metagross, Ursaring, Lucario)  
**Mira** (Sp.Atk: Porygon-Z, Magnezone, Gengar, Togekiss, Alakazam)  
  
Pokemon League:  
**E4 Aaron** (Yanmega, Scizor, Vespiquen, Heracross, Drapion)  
**E4 Bertha** (Whiscash, Gliscor, Golem, Rhyperior, Hippowdon)  
**E4 Flint** (Houndoom, Flareon, Rapidash, Infernape, Magmortar)  
**E4 Lucian** (Mr. Mime, Espeon, Bronzong, Alakazam, Gallade)  
**Cynthia** (Spiritomb, Roserade, Togekiss, Lucario, Milotic, Garchomp)  
  
**Rival Barry** (Staraptor, Roserade, Floatzel, Snorlax, Heracross, Infernape)  
(Can battle Barry in the weekend, on Saturday and Sunday at Survival Area)  
  
Strong trainers to rebattle with VS recorder:  
- Rich Boy (Luxray) (Route 222)  
- Fisherman (Gyarados, Gyarados) (Route 222)  
  
Strong pokemon:  
- Battle Zone/Stark Mountain**Pokémon Platinum/HGSS Favorite List  
  
Order of requiring pokemon:**  
Blastoise Jan-5-2011  
Scizor May-23-2011  
Marowak Jun-5-2012  
Tyranitar Jan-10-2014  
Blaziken Jan-23-2015  
Metagross Jun-23-2015  
Latios Dec-23-2015  
Ivysaur Jul-23-2018  
Garchomp Oct-23-2018  
Zapdos Nov-23-2018  
Staraptor Jul-5-2019  
Rhyperior Oct-30-2019  
Gyarados Jan-30-2020  
Ditto Mar-1-2020  
Magby Mar-30-2020  
Chatot Apr-5-2020  
Chatot Apr-11-2020  
Togetic May-5-2020  
Starmie Jan-15-2022  
Mismagius Feb-23-2022  
Lucario Jul-10-2022  
Infernape Aug-10-2022  
Empoleon Oct-5-2022  
Tauros Oct-10-2022  
Sandshrew Nov-11-2022  
Rotom Dec-31-2022  
Drapion Feb-3-2023  
Skarmory Mar-20-2023  
Uxie Dec-5-2023

**Pokemon SS/Platinum Hatching place and date:**  
**Start adventure: 5-1-2011**  
**• Blastoise**: New Bark Town SS1, Faraway Place, 1st, 2011, Jan-5-2011, Alert to Sounds (“gift by Elm to start pokemon journey”)  
**• Scizor:** New Bark Town SS1, Faraway Place, 2nd, May-23-2011, Alert to Sounds  
(“caught in New Bark Town”)  
**• Marowak**: New Bark Town SS1, Faraway Place, 3rd, Jun-5-2012, Alert to Sounds (“gift in Pokemon Center”), Train in Johto after 8th badge.  
IV’s: 31/31/30/30/30/31. That’s the only way Marowak can have Alert to Sounds characteristics for some reason, due to its PID number combination.  
**• Tyranitar:** Mt. Silver SS1, Faraway Place, Jan-10-2014, Likes to Thrash About, Maybe egg move: Pursuit (Can delete later cause AI never switches)  
**• Blaziken:** New Bark Town SS1, Faraway Place, Jan-23-2015, Alert to Sounds  
(“gift by prof. Birch”), train in Hoenn (imagine training in Hoenn)  
**• Metagross:** New Bark Town SS1 (“Hoenn”), Faraway Place, Jun-23-2015, Capable of Taking Hits (hatched in New Bark Town “caught/received in Hoenn”)  
**• Timid Latios:** Route 5 SS2, Faraway Place, Dec-23-2015 (Only Mischievous/Often dozes off unfortunately. Same date as Bold Latios, choose Mischievous). This wasn’t hard to do. See SS to do list. KO the Latios and go to the pokemon league with 2 Chatots. Save right before going to battle with Lance. Use other 2 roamers to verify in seed to time. Use 2 Chatots cries to advance frame. Go to a kanto route and check pokegear for location. Encounter Latios multiple times to bring it’s hp down to 1 and paralyze it. See Latios folder in pkmn plan.  
**• Bold Latios:** Route 5 SS1, Dec-23-2015 (Only Mischievous/Often dozes off unfortunately. Choose Mischievous)  
**• Bulbasaur:** New Bark Town SS1, Faraway Place, Jul-23-2018, Brawl/PM moveset, Alert to Sounds, Naughty Nature (“gift from prof. Oak in New Bark Town”)  
**• Garchomp:** New Bark Town SS1 (Hatch egg there, pretend I got egg from Lance after defending my Champions League title), Faraway Place, Oct-23-2018, Alert to Sounds   
**• Zapdos:** Power Plant, Faraway Place, Nov-23-2018, Method K in HGSS, Hidden Power Grass IV’s: 31/2/31/30/31/31 = Capable of Taking Hits. 30/2/31/30/31/31 = only possible and available option in RNG Reporter gen 4 Time Finder for Zapdos with 70 HP Grass. Get that one. See Zapdos folder in pkmn plan.  
**• Staraptor:** New Bark Town, Jul-5-2019, Alert to Sounds (“Pretend I receive Starly egg after beating the Sinnoh League and that I hatch the egg in New Bark Town”)  
**• Rhyhorn:** Mt. Silver SS1, Faraway Place, Oct-30-2019, Likes to Thrash About  
**• Shiny Magikarp:** New Bark Town SS1, Faraway Place, Jan-30-2020, Likes to Thrash About/Capable of Taking Hits  
**• Ditto:** RNG catch a Ditto on Mar-1-2020  
**• Lonely Magby:** Goldenrod City/Resort Area, Mar-30-2020, Alert to Sounds   
**• Timid Chatot1:** Resort Area, Apr-5-2020, Alert to Sounds  
**• Timid Chatot2:** Resort Area, Apr-11-2020, Alert to Sounds  
**• Togepi:** New Bark Town SS1, Faraway Place, May-5-2020, Alert to Sounds (“got egg as a gift from prof. Elm”, hatched in New Bark Town)  
**• Staryu:** Resort Area, Jan-15-2022, Alert to Sounds (caught in water by fishing)  
**• Timid Misdreavus:** Resort Area, Feb-23-2022, Alert to Sounds  
**• Timid Riolu:** Resort Area, Jul-10-2022, Alert to Sounds (“pretend I got the Riolu egg as a gift in Sinnoh, hatching it in Resort Area”)  
**• Timid Chimchar:** Resort Area, Aug-10-2022, Alert to Sounds (“gift by prof. Rowan, hatching it in Resort Area”)  
**• Calm Piplup:** Resort Area, Oct-5-2022, Capable of Taking Hits  
**• Jolly Tauros:** Resort Area, Oct-10-2022, Likes to Thrash About/Alert to Sounds  
**• Sandshrew:** New Bark Town SS1, Faraway Place, Nov-11-2022, Alert to Sounds (caught in New Bark Town)  
**• Timid Rotom:** Jubilife City, Dec-31-2022, Capable of Taking Hits  
**- Skorupi:** Resort Area, Feb-3-2023, Capable of Taking Hits  
**- Skarmory:** Resort Area, Mar-20-2023, Capable of Taking Hits   
**- Uxie:** Sinnoh Lake, Dec-23-2023, Method J in Platinum. Learn how to verify seed in DPP. Go to Seed to Time and to verify seed use the coin flip app. (Only Mischievous/Often dozes available off unfortunately). Choose Often dozes off. It’s pretty fitting.

**Timeline:**  
• Start “pure” SS game.  
• Do Johto gyms with SB.  
• Get Cubone  
• Get Marowak to level 40.  
• Start new SS game.  
• Speedrun it with high level Scizor, Blastoise, Marowak. Beat Johto League with high level Scizor, Blastoise, Marowak. Beat Kanto with high level Scizor, Blastoise, Marowak.   
• Get Larvitar in Mt. Silver.  
• Get Torchic in SS1.  
• Get Beldum in SS1.  
• Do Pokemon League R2 with high level Scizor, Blastoise, Marowak and 2 Chatot.  
• Save before Lance and do RNG manip.  
• Confirm if I got the right Latios by saving before encountering Latios and catching Latios with a Master Ball. If it’s the right one I can trade high level Scizor and 2 Chatot to Diamond.  
Then I can trade Scizor, Blastoise, Marowak, Tyranitar, Blaziken, Metagross from SS1 to SS2.  
• Catch Latios.  
• EV train Latios.  
• Do Johto League R1 with SBMBML in SS1 in Dec-2016. (Pretend it’s the Johto Champions League with SBMBML. Don’t need to beat Johto League R2)  
• Do Kanto with SBMBML.  
• Beat Red with SBMBML summer-2017.  
• Start new SS game.   
• Hatch Squirtle and Scyther in New Bark Town in this new SS game. Change dates to 2011 and have same hatching dates for Squirtle and Scyther as before.  
• EV train them and level Blastoise up till level 40 and Scizor till level 11.  
Note: need to make sure I first train Scizor’s speed EV. It’s important because I want to outspeed Latios.   
Give them the following movesets:  
\*Scizor level 11/12 (after EV training) @ Muscle Band/Metal Coat/Choice Band  
moves:  
- Bullet Punch  
- Quick Attack  
- X-Scissor  
\*Blastoise level 40 @ Wide Lens  
moves:  
- Hydro Pump  
- Ice Beam  
- Skull Bash  
- Rapid Spin  
• Move them to Diamond.  
• Overwrite the SS file and start new SS game.  
Speedrun through it with high level SBM. Get new Latios. Obtain a new Tyranitar and Metagross to catch this Latios.  
• Strat to catch Latios:  
First encounter: use Thunder Wave with Tyranitar. Level 55 Adamant Tyranitar with speed EV’s outspeeds level 35 Timid Latios.  
Rest of the encounters: bring Latios’ HP low with Scizor X-Scissor. Perhaps teach Scizor False Swipe as well. Scizor level 11 with 164 speed EVs outspeeds paralyzed Latios level 35.  
Final encounter: Metagross Block. Then catch Latios with Poke Balls.  
• EV train Latios.  
• Get Soul Dew in SS2.  
• Give Latios the following moveset:  
\*Latios level 40 @ Soul Dew  
- Dragon Pulse  
- Calm Mind  
- Recover  
- Thunder Wave  
• After this, trade Tyranitar and Metagross from SS2 to Diamond.  
• Trade Scizor, Blastoise, Latios from SS2 to Platinum.  
• Move all tier list pokemon (SBMBMLT) from SS1 to SS2.  
• Have SS1 "pure and clean". Only use it for trading with Platinum.  
• Do Platinum ingame with SBL. Do this Oct-2017 till Mar-2018. Pretend I already became the Johto Champion with SBMBML. Pretend I got 8 Kanto badges with Blastoise and Scyther (Red). Pretend I got 8 Johto badges with Scizor and Blastoise (Crystal). Pretend I won the Johto Battle Tower with Scizor, Blastoise, Marowak (Crystal). Get Effort Ribbon and Legend Ribbon (beating Red) later.  
• Complete Sinnoh Journey until I'm at Battle Resort villa.   
• After this pretend I’m going to obtain the rest of my tier list Pokemon.   
• Prepare USD. Then prepare SBL and USD for Battle Tower attempts.  
• Do Battle Tower attempts with LBS and USD. Do this in 2023.• I can always do a new version of Platinum, beat ingame with high level SBL from SS1 (the ones that I used for SS1 adventure and are now in Diamond Box and go from there).

**SS/Platinum Notes:**  
**Reasons for only playing with SBL in Platinum adventure:**• Because I only want to focus on SBL and the WR with USD.  
• Because SBL are my 3 favorite pokemon.  
• Because Platinum doesn’t have full battles. The only full battles are against the champion and against the rival. I can pretend the Platinum League is a 3v3 Tournament. Even the  
• I can always decide that I want to run a new Platinum game with high level SBL that I did SS adventure with in case I’m not happy with the story in my mind. Can always decide then to get more tier list Pokemon.  
• Doing Platinum ingame with SBL is cool.  
  
**Achievements I already got before Platinum adventure:**• 8 Kanto badges with BS (Red)  
• 8 Johto Badges with SB (Crystal)  
• Johto Battle Tower Champion with SBM (Crystal)  
• Johto Silver Conference winner with SBMBML  
• Johto Champions League winner with SBMBML **Scizor ribbons:**- Effort ribbon: Blackthorn City  
- Sinnoh Champ ribbon: Defeat Sinnoh League  
- Legend Ribbon: Defeat Red  
- Ability Ribbon: Defeat Tower Tycoon first time  
- Great Ability Ribbon: Defeat Tower Tycoon 2nd time  
- Gorgeous Royal Ribbon: Ribbon Syndicate  
  
**Watch out for daily ribbons from siblings! Lookup locations  
Locations:  
- Monica, Monday: route 40  
- Tuscany, Tuesday: route 29  
- Wesley, Wednesday: Lake of Rage  
- Arthur, Thursday: route 36  
- Frieda, Friday: route 32  
- Santos, Saturday: Blackthorn City  
- Sunny, Sunday: route 37  
  
Ribbons all end up in the same order!  
Scizor probably going to be level 40 when reaching Cianwood (my estimation, but who knows)**  
• Morning: 4:00am - 9:59am  
Day: 10:00am - 7:59pm  
Night: 8:00pm - 3:59am  
**• DURING ALL INGAME ADVENTURES: PRETEND I HAVE SCIZOR WITH ME. PURPOSE OF PLAYING HG IS TO LEVEL UP MY POKEMON. NEVER HAVE A TEAM OF 6 IN HG, ALWAYS MAX 5. PRETEND I’M LEVELING UP MY POKEMON BY BATTLING THE GYM LEADERS AND TRAVELING TO JOHTO.**  
**• TRADING RESETS FRIENDSHIP IN GEN 4. EVEN IF YOU TRADE IT BACK TO ORIGINAL.**   
• Gonna need 25 Leppa Berries (prefer them over Ethers). Transfer them over with Sentrets at the beginning. Same with Heart Scales.  
• When Scizor reaches level 40, teach U-turn to Scizor over Metal Claw, because at level 40 Scizor has the same level as Blastoise and I can switch between them.  
• **X-Scissor looks too much like Cut, I don’t want Scizor to know both Cut and X-Scissor. Pretend Cut = X-Scissor.**  
• After getting 8 badges, go to New Bark Town, and “receive” Cubone egg and hatch Cubone on Jun-23-2012.  
• Teach Marowak Double-edge over Return at level 53.  
• Teach Marowak TM 75 Swords Dance over Aerial Ace at level 60.  
• When Blastoise reaches level 60, teach Hydro Pump over Ice Beam to it.  
**• Will need to have 2 Chatot eggs in Diamond for catching Latios.**

**SS/Platinum preparation:**  
• Trade Eggs and Parents from SS to Diamond and put them in the box.  
• Make sure I have the following tier list pokemon in Diamond that I can trade back and forth with Platinum to have them registered in my Platinum Pokedex: Squirtle, Wartortle, Blastoise, Scyther, Cubone, Marowak, Larvitar, Pupitar, Tyranitar, Torchic, Combusken, Blaziken, Beldum, Metang, Metagross, Gible, Gabite, Garchomp, Zapdos, Starly, Staravia, Staraptor, Rhyhorn, Rhydon, Rhyperior, Magikarp, Gyarados, Ditto, Magby, Chatot, Togepi, Togetic, Staryu, Starmie, Misdreavus, Mismagius, Riolu, Lucario, Chimchar, Monferno, Infernape, Piplup, Prinplup, Empoleon, Tauros, Sandshrew, Rotom, Skorupi, Drapion, Skarmory, Uxie.   
• Get Soul Dew.  
• Do an item inventory check  
• Change date to Jan-5-2011.  
• Put Adamant Synchronize Natu and Brave Synchronize Abra in front of party.  
• Catch Magikarp with Old Rod. Use them as parents. Have at least 1 with Adamant Nature and 1 with Brave Nature.  
• Breed 6 male Magikarp, have at least 2 with Adamant Nature and 2 with Brave Nature. Don't hatch them, save before they hatch to check their gender and Nature. Put the 6 male Magikarp that I want to keep in a box and trade them later from SS to Diamond.  
• Catch Sentret.  
• Do item inventory check.  
• Trade eggs + parents + Sentret + Magikarp from SS to Diamond.  
• Start a new SS2 game.  
• Start a new Platinum game.   
RNG ID/SID in Platinum on Jan-5-2011, ID: 23511, PID: 23277  
(for HGSS ID manip):  
Seed to time: paste the correct ID/SID Seed here (ID: 23511, PID: 23277)  
Pandora's box: check what delay you got, minimum delay 5000, maximum delay 6000  
calibrated delay that worked in HG: 648  
make target sec  
Ingame name: **Rody**  
• Speedrun the new Platinum save with Piplup. Change date a bit to the future. Prinplup can learn all the HMs except Fly. Go until Veilstone City and route 214 and route 212 (don’t beat the Veilstone gym, 4th gym leader). Guide: <https://www.dropbox.com/s/iw9hi926b4ngnj4/Pokemon%20Platinum%20Glitchless%20Any%20-%20mhm%20%2B%20eek%20version.docx?dl=0>   
• Route 212 is South of Hearthome and west of Pastoria. Move Tutor is closest West of Pastoria. Beat the trainers on route 212 west of Pastoria.  
• Beat the trainers on route 214 and 213.  
• Need route 214 to EV train Squirtle/Wartortle/Blastoise.  
**• Change date to Jan-5-2011 on Platinum: catch 6 male Magikarp with Old Rod in Platinum. Use them to trade for Power Anklet, Power Lens, 10 Carbos, 10 Calciums, TM 13 Ice Beam, 2 PP Max, Wide Lens and a Metal Coat. (date: 5-1-2011)**• In SS2: Change date to Jan-5-2011. Catch 5 Sentret, go to Cherrygrove City and trade Cyndaquil for Magikarp egg in Diamond. Hatch Magikarp egg in SS2 New Bark Town. After that, trade 5 Sentret for the other 5 Magikarp eggs from Diamond. Hatch them in SS2 New Bark Town.  
• After that, trade the Magikarp back to Diamond. Use them for trading items from Diamond to Platinum. Trade them back and forth with the Magikarp caught in Platinum until I have the items in Platinum that I want. Trade Power Anklet, Power Lens, 10 Carbos, 10 Calcium, TM 13 Ice Beam, 2 PP Max, Wide Lens and a Metal Coat from Diamond to Platinum. Use the 6 Magikarp to trade the items over and keep them in Platinum. Keep the hatched Magikarp that were hatched in SS2 in Platinum. Release the Magikarp that were caught with an Old Rod in Platinum. Release those in Diamond.  
• Release Prinplup/Empoleon.  
**• After this I can start with my ingame adventure by starting a new SS save. The main one I will use for my adventure.**

**POKEMON PLATINUM  
  
Team:**Early game:  
\*Scizor (Bullet Punch, Quick Attack, X-Scissor) @ Metal Coat/Iron Plate/Choice Band  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Strength) @ Wide Lens  
\*Latios (Dragon Pulse, Calm Mind, Recover, Thunder Wave) @ Soul Dew  
At Elm’s lab: Metagross, Ivysaur, Blaziken, Marowak, Tyranitar  
   
Mid game:  
\*Scizor (Bullet Punch, U-Turn, Cut, Rock Smash) @ Choice Band/Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Strength) @ Wide Lens  
\*Latios (Dragon Pulse, Calm Mind, Recover, Thunder Wave) @ Soul Dew  
At Elm’s lab: Metagross, Ivysaur, Blaziken, Marowak, Tyranitar  
  
End game:  
\*Scizor (Bullet Punch, U-Turn, X-Scissor, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Strength) @ Wide Lens  
\*Latios (Dragon Pulse, Calm Mind, Recover, Thunder Wave) @ Soul Dew  
At Elm’s lab: Metagross, Ivysaur, Blaziken, Marowak, Tyranitar  
  
HM pokes:  
- Scizor (Cut, Rock Smash)  
- Blastoise (Strength, Surf, Waterfall, Rock Climb)  
- Latios (Fly)  
  
**Notes:**- Only want to catch/hatch pokemon who are on the tier list, that’s why I catch Starly instead of Bidoof  
- When I get Fly I can Fly to Pastoria City and remove Rock Smash on Scizor.  
- Before getting Fly I can move Scizor to SS1 Blackthorn City and remove Rock Smash there for the time being. When I need Rock Smash I will teach it to Scizor again.

**Platinum to do list:**  
- Start Platinum game on Jan-5-2011  
- RNG manip ID/SID. Zie header “**SS/Platinum preparation:”**   
- **Change date to date in SS1 and Platinum to: Dec-15-2018.**- Choose Turtwig (So that Rival will have Infernape)  
- Go to Sandgem Town  
- Get Pokeballs (around 20)  
- Trade tier list pokemon from Diamond to Platinum and then back from Platinum to Diamond so that my Pokedex registers them (Squirtle, Wartortle, Blastoise, Scyther, Cubone, Marowak, Larvitar, Pupitar, Tyranitar, Torchic, Combusken, Blaziken, Beldum, Metang, Metagross).   
  
  
- Catch 7 Starly, male level 2.   
- Trade the Blastoise, Scizor, Marowak, Blaziken, Metagross, Latios, Tyranitar, Gible, Zapdos from **SS1 to SS2.  
- Use the caught Starly and Turtwig to trade Blastoise, Scizor, Marowak, Blaziken, Metagross, Latios, Tyranitar, Gible, Zapdos from SS2 to Platinum in this order so that they are registered in the Platinum dex.**  
- Keep the Starlys in a box in SS2 after trading.  
**- Scizor’s moveset: Bullet Punch, U-Turn, Cut, Rock Smash. @ Metal Coat/Choice Band.**  
**- Blastoise’s moveset: Hydro Pump, Ice Beam, Rapid Spin, Strength @ Wide Lens  
- Latios’ moveset: Dragon Pulse, Calm Mind, Recover, Thunder Wave @ Soul Dew  
- Marowak’s moveset: Bonemerang, Earthquake, Double-edge, Swords Dance. @ Thick Club  
- Blaziken’s moveset: Swords Dance, Blaze Kick, Sky Uppercut, Return. @ Wide Lens  
- Metagross’s moveset: Strength, Meteor Mash, Earthquake, Flash @ Leftovers?  
- Tyranitar’s moveset: Stone Edge, Earthquake, Crunch, Hyper Beam/Fire Blast @ Choice Band/Muscle Band  
- Zapdos’ moveset: Discharge, Hidden Power Grass, Roost, Thunderbolt @ Leftovers?  
- After that**, change date in SS1/Platinum to Dec-27-2018 and EV train Gible in Platinum. **- After this, change date to Jan-1-2019.  
- Do Sinnoh ingame adventure and challenge 8 gyms Jan-1-2019 till Jun-30-2019 with Gible/Scizor/Blastoise/Latios/Metagross/Zapdos.  
In box: Marowak, Blaziken, Tyranitar.**  
- Play Platinum ingame.  
- Don’t get the Turtwig/Piplup Mask, Jubilife TV station 2F.  
- Beat 1st gym on Jan-15-2019.   
- Beat 2nd gym on Jan-30-2019.  
- Beat team Galactic in their Eterna City Warehouse.  
**- Receive the Togepi Egg from Cynthia after defeating team Galactic. Trade the Egg to Diamond and put it in the box.**  
- After Cycling Road, Use Cut at Route 206 and go to Wayward Cave (Secret Entrance) to get TM 26 Earthquake.  
- At Hearthome city, don’t receive the Eevee from Bebe.  
- Change date to Feb-15-2019, beat 3rd gym in Sinnoh.  
- Pick up HM Defog and Waterstone at Solaceon Ruins.  
- At Lost Tower in Solaceon Town, go to 4th floor and pick up TM 27 Return.   
- Don’t get the Porygon at Veilstone City at one of the most northern houses.  
- Don’t get the Turtwig/Piplup mask at Veilstone Mart 1F from lady left at the entrance.  
- Change date to Feb-28-2019, beat 4th gym in Sinnoh  
- After beating 4th Sinnoh gym in Veilstone City, go to Galactic Warehouse in Veilstone City and pick up HM Fly.   
- Go to Veilstone Department store and buy TM 70 Flash.  
- Teach Fly to Zapdos. Teach it over Thunderbolt.  
**- Don’t talk to dr. Footstep on route 213.**- After beating 5th gym in Pastoria City go to Celestic Town via route 212?  
- Give the Psyduck on route 210 the Secret Potion  
- After getting HM Surf in Celestic Town: teach Blastoise Surf over Rapid Spin.  
- Change date to Mar-15-2019, beat 5th gym in Sinnoh.  
- Change date to Mar-25-2019, Fly to Jubilife City and go to Canalave City.  
- Go with the boat to Iron Island and get the Shiny Stone on B3F (next to the exit after beating all the trainers with Riley).   
- Beat 6th gym around Apr-15-2019.  
- Change date to Apr-30-2019, beat 7th gym.  
- After beating 7th gym (Snowpoint City): Teach Blastoise Rock Climb over Strength (Delete Strength at Move Deleter).  
**- Blastoise’s moveset: Hydro Pump, Ice Beam, Surf, Rock Climb.**  
- Go to Route 216 and pick up TM 13 Ice Beam.  
- I need to battle Team Galactic and Climb Mt. Coronet. For this I need: Surf, Strength, Rock Smash, Rock Climb.   
- Defeat Girantina at end of Mt.Coronet. Don’t catch it.   
- Change date to May-20-2019, beat 8th gym.   
- After this, trade Scizor, Blastoise, Latios, Metagross, Garchomp, Zapdos, Marowak, Blaziken from Platinum to SS1.   
- Jul-5-2019: Get Starly. Pretend I receive Starly egg in Sinnoh after defeating the Sinnoh Pokemon League. Then hatch Starly in New Bark Town.  
\*Starly, moves: Tackle/Aerial Ace/Brave Bird, Growl/Double Team/Fly, Quick Attack/Close Combat, Wing Attack/Take Down/Return  
- EV train Starly in Platinum Aug-2019.  
- When done with EV training give Starly Sharp Beak.  
- Evolve Starly to Staravia Sep-2019.  
- Travel to Mt. Silver SS1, change date to Oct-30-2019, trade Rhyhorn egg from Diamond to SS1. Then hatch Rhyhorn in Mt.Silver and pretend I caught Rhyhorn there.  
- After that, evolve Staravia to Staraptor Nov-2019.  
- Train Staraptor to level 50 Nov-2019.  
- After this, change date to Dec-2019.   
- After that, Fly to Blackthorn City.   
- Delete Cut on Scizor.  
- Delete Rock Smash on Scizor.   
- Delete Rock Climb on Blastoise.  
- Fly to Pastoria City and go to Move Relearner. Relearn Swords Dance to Scizor for a Heart Scale. Relearn X-Scissor to Scizor for a Heart Scale. Teach Strength to Blastoise.  
- Delete Surf on Blastoise. Relearn Blastoise Rapid Spin.  
**- After this, change date to Jan-5-2020 and defend SS Johto Champions League title with SBMZML (actual ingame League R2). Pretend I got a new challenger. I only want to have Garchomp and Zapdos in my box when I defend my Champions League title.**  
**Team:  
\*Scizor (Bullet Punch, X-Scissor, U-turn, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Strength) @ Wide Lens  
\*Marowak’s moveset: Bonemerang, Earthquake, Double-edge, Swords Dance. @ Thick Club  
\*Blaziken’s moveset: Swords Dance, Blaze Kick, Sky Uppercut, Return. @ Wide Lens  
\*Metagross’s moveset: (Strength, Meteor Mash, Earthquake, Flash) @ Leftovers?  
\*Latios (Dragon Pulse, Calm Mind, Thunder Wave, Recover) @ Soul Dew  
In box: Garchomp, Zapdos**  
- **After this, travel to SS1. Change date to Jan-30-2020 and “catch” golden Magikarp in New Bark Town water (Hatch egg in New Bark Town). Trade Male Sentret level 2 for golden Magikarp egg in Diamond.**- After that, EV train Rhyhorn in Feb-2020.  
- Feb-2020: Evolve Rhyhorn to Rhydon.  
**- After that: RNG catch Ditto in 2020 and get Magby and Chatots.**- Change date to Mar-1-2020.  
- RNG Catch flawless Ditto on Mar-1-2020 in SS1.- After that trade Magby egg from Diamond to SS1.  
- Hatch Magby on Mar-30-2020 for Flame Body.  
- After that, train Magby to level 10.  
- After that, change date to Apr-5-2020.   
- Trade Chatot eggs from Diamond to SS1.  
- Hatch Chatot1 in Platinum Resort Area on Apr-5-2020.   
- Hatch Chatot2 in Platinum Resort Area on Apr-11-2020.   
- Train them until they learn Chatter. Speak “hello hello hello” in DS mic.  
2 Timid Tangled Feet Chatots in Platinum. Egg moves: Nasty Plot, Encore. Don’t need Hidden Power Grass IV’s. “Hatch/catch” date Chatot1: Apr-5-2020. “Hatch/catch” date Chatot2: Apr-11-2020.  
- After that, train Magby to level 20.  
- After that, change date to Apr-20-2020, then Rare Candy Magikarp till level 20 (Need 19 Rare Candies, transfer them from Emerald) and evolve Magikarp to Gyarados.  
- EV train Gyarados in SS1 Apr-2020.   
- Train Gyarados in May-2020 until he is level 50.  
- Teach Gyarados Waterfall and Surf.  
- Trade Scizor, Blastoise, Latios, Gyarados to Platinum along with Star Pieces/Shards and teach him Bounce at a Move Tutor.  
**- Gyarados’ moveset: Dragon Dance, Waterfall, Bounce, Surf.  
- Trade Gyarados from Platinum to SS1.**- After that, change date to May-5-2020 and pick up the Pokemon Egg from Elm’s assistant in Violet City Pokemon Mart.  
**-** Hatch the egg on May-5-2020. Then show it to Elm. **- After that, trade Togepi egg from Diamond for a the gift Togepi with Extrasensory. Then hatch Togepi in New Bark Town on July-11-2017. Pretend this is the Togepi that Elm gives me (mine has Nasty Plot however).**- Togetic: May-5-2020, New Bark Town, Fast Experience,   
moves: Growl/Roost, Charm/Hidden Power Flying, Metronome/Shadow Ball, Nasty Plot @ Quick Claw  
- After that, change date to Jul-1-2020 and give Topepi a Soothe Bell, give him 20 vitamins and 7 Rare Candies. Togepi will evolve at level 8. Evolve Togepi at New Bark Town. Use Rare Candies until he evolves into Togetic.  
- Teach Togetic TM 51 Roost over Growl. Teach Togetic TM 10 Hidden Power over Charm. Use PP Max on it. Teach Togetic TM 30 Shadow Ball over Metronome. Use PP Max on it.   
- EV train Togetic in SS in Jul-2020. Hoothoot for Hp (zie word document).   
- Give Togetic Quick Claw after EV training.  
- Maybe teach Fire Blast to Togetic over Shadow Ball at some point.  
**- Togetic’s moveset: Nasty Plot, Hidden Power Flying, Roost, Baton Pass @ Quick Claw**  
- Ater that, EV train Chatots in Jul-2020.  
- After that train Chatots in Platinum in Jul-2020, untill they are level 50. Chatot learns Hyper Voice at level 45.  
- Chatot1 moveset: Nasty Plot, Hyper Voice, Encore, Chatter.  
- Chatot2 moveset: Nasty Plot, Hyper Voice, Feather Dance, Chatter.  
- Jul-2020: Pretend I travel around with SBLMGZ, train in Victory Road and Mt. Silver SS1 among places.   
- Pretend I win the Platinum Sinnoh Pokemon League in Summer-2020 (before Aug-2020) with SBLMGZ (Not actual ingame Pokemon League).  
- After that, level up Togetic to level 50.  
- After that, evolve Rhydon to Rhyperior in Oct-2020.  
**- After that, change date to Nov-5-2020 and pretend I obtain Bulbasaur from Prof. Oak.**- After this, teach Surf to Blastoise over Ice Beam  
- After this, teach Waterfall to Blastoise over Rapid Spin.   
**- Blastoise’s moveset: Hydro Pump, Surf, Waterfall, Strength.**  
- After that, train SBLMGZ in Victory Road and Mt Silver SS1 among places to prepare for the Platinum Sinnoh Champions League.  
- After that, travel to ingame Sinnoh Champions League location. After reaching ingame League, Fly to Canalave City.  
- Delete Surf on Blastoise and teach it Ice Beam.  
- Delete Waterfall on Blastoise and relearn it Rapid Spin.  
- Fly to Sinnoh Champions League location.  
- After that change date to Dec-23-2020 and do the Platinum Sinnoh Champions Leauge with SBLMGZ (Actual ingame League. I’m gonna beat this multiple times, after 30 recorded wins the first record will be erased to make space.)  
**\*Scizor (Bullet Punch, X-Scissor, U-turn, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Strength) @ Wide Lens  
\*Latios (Dragon Pulse, Calm Mind, Thunder Wave, Recover) @ Soul Dew**  
**\*Metagross’s moveset: (Strength, Meteor Mash, Earthquake, Flash) @ Leftovers?  
\*Garchomp’s moveset: (Swords Dance, Dragon Claw, Outrage, Earthquake) @ Muscle Band  
\*Zapdos’ moveset: (Discharge, Hidden Power Grass, Roost, Fly) @ Leftovers?  
In Box: Marowak, Blaziken, Staraptor.**- After beating Platinum Sinnoh Champions League, change date to Jan-1-2021 and travel to the Battle Zone and get the National Dex (See every Pokemon in Platinum Dex, then talk to prof. Rowan). Travel to the Battle Zone from Snowpoint Harbor. Before going to Battle Zone, teach Scizor Cut over X-Scissor and Rock Smash over Swords Dance. Teach Blastoise Surf over Rapid Spin and Rock Climb over Ice Beam. Teach Latios Fly over Calm Mind. **Go to Battle Zone with only SBL in my team.**  
**- Scizor’s moveset: Bullet Punch, U-turn, Cut, Rock Smash  
- Blastoise’s moveset: Hydro Pump, Strength, Surf, Rock Climb  
- Latios’ moveset: Dragon Pulse, Thunder Wave, Recover, Fly   
- Explore Battle Zone and reaching Resort Area before Jan-30-2021.**  
**- After ingame, beating Sinnoh Champions League, reaching Resort Area and exploring it and arriving at villa, change date to Jan-30-2021:**- Delete Rock Climb on Blastoise. Teach Blastoise Ice Beam.- After this, test one of my Pokemon’s happiness. One of the boxed pokemon that I haven’t used for Platinum ingame. Choose Marowak. Use the Friendship checker poketch app to check. 2 big hearts is max happiness. Location: Obtained from Woman in Eterna Pokemon Center.  
- **After this**, trade over Scizor, Blastoise, Latios, Metagross, Marowak, Blaziken, Garchomp, Zapdos, Staraptor to SS1 for Male Sentret level 2.   
- After being traded, friendship level resets to base friendship (70). Test if this is also the case when traded to a cartridge with the same ID and SID. Look up gen 4 friendship methods: <https://bulbapedia.bulbagarden.net/wiki/Friendship>   
Platinum friendship checker location: Hearthome City  
HGSS friendship checker location: Goldenrod City  
Friendship checker app: 2 big hearts after tapping the pokemon means max happiness of 255.

**Team Uxie/Skarmory/Drapion:  
  
Uxie @ Choice Scarf  
Bold Nature  
Ability: Levitate  
ev’s: 252 hp, 164 speed, 92 def   
- Trick  
- Thunder Wave  
- Memento  
- Substitute   
  
Skarmory @ Focus Sash  
Bold Nature  
Ability: Sturdy  
ev’s: 252 hp, 156 def, 96 sp.def, 4 speed  
- Substitute  
- Flash   
- Roost  
- Whirlwind   
  
Drapion @ Black Sludge  
Careful Nature  
Ability: Battle Armor  
ev’s: 252 hp, 252 sp.def, 4 def  
- Acupressure  
- Substitute  
- Rest  
- Crunch  
  
Notes:**• **Skarmory’s Sturdy works against OHKO users.**• **If the strategies for Rampardos, Blaziken and Heatran fail, then note the result down and do attempts with Uxie/Empoleon/Garchomp or Starmie/Uxie/Drapion team.**• **Jumpman16’s theory based on experience: “the better approach is flash...just flash at least three times, then when you are low on hp, go to registeel which will take either either a sludge bomb or an ice beam depending on how low on hp you are. from your uxie, gastrodon is not going to use surf if a weaker attack will kill it, which is in line with the "weakest attack that has a chance to KO regardless of accuracy" i’ve found is virtually always true of the BT.”**

**Strats:  
- Rampardos4:** Use Substitute 4 times, then switch to Skarmory on the last Head Smash. Rampardos should die to recoil damage if it hits all Head Smashes and the last Head Smash is a crit. **- Blaziken4:** Use Substitute, assume it will use Night Slash against me when my HP is low. Switch to Skarmory. **- Heatran4:** Use sub 4 times, then switch to Skarmory, assuming Heatran4 will use Flash Cannon to finish me off. Use substitute with Skarmory to burn last Magma Storm PP. **- Metagross4:** Switch to Skarmory. Use Sub/Roost/Whirlwind. Depends on it. Let it explode? Dangerous. If Heatran4 switches in on Skarmory: use sub to burn Magma storm PP. **- Regice:** Use Substitute to find out which Regice it is. If it uses Signal Beam, switch Skarmory. If it uses Ice Beam, keep using Substitute to burn Ice Beam PP. **- Regirock:** Has Clear Body. Switch to Skarmory. If it’s Curse Regirock, outstall it’s 2 moves. If it’s Regirock4, Outstall Stone Edge PP and use Flash + Sub + Roost. **- Staraptor4:** Switch to Skarm, use Flash/Roost/Sub. Make sure to have a sub up for when a new pokemon comes in. **- Aerodactyl4:** Trick, switch to Skarm, use Roost + Sub, then use Whirlwind behind sub. Alternative strat is to use Substitute with Uxie to burn through Stone Edge PP. **- Armaldo3:** Switch to Skarm, use Roost + Sub, then let it die to Struggle. **- Golem4:** Requires switch to Skarmory. Use Roost + Flash and Whirlwind behind sub or let it explode when I’ve used sub. **- Steelix4:** Same as Golem4 but less powerful Stone Edge. **- Muk4:** Will probably use Gunk Shot against Uxie. So switch to Skarmory and use Flash. Then Sub and either let it explode or whirlwind it. **- Claydol4:** It will either use Rock Slide or Explosion against Uxie. Could require a switch to Skarmory. **- Ursaring2:** Has Life Orb and Guts. Annoying to face, probably best to use Memento and then sub + Flash with Skarmory. (There’s no life orb recoil if you hit a pokemon behind a sub). Luckily the other pokemon these Ursaring2 trainers have aren’t threatening so Drapion might take care of it. Can always go behind a sub and whirlwind Ursaring. That’s a bit risky though in case a fire/electric pokemon switches in.  **- Hariyama3:** Has Life Orb: Same strat as Ursaring2. **- Rhydon4:** Switch in Skarm. Substitute/Flash/Roost to outstall Stone Edge PP. **- Lapras2:** Switch in Skarm.  
**- Gliscor3:** Switch in Skarm. Use Sub and then use Whirlwind behind a Sub.  **- Froslass4:** Use Substitute to burn Blizzard PP. Then use Flash with Skarm. If I can just paralyze it, it’s fine. **- Jynx4:** Use Trick. **- Tyranitar4:** Use Trick + Memento. If Uxie dies to Crunch crit, use Flash x4 with Skarm and switch in Drapion. **- Tyranitar2:** Use Thunder Wave, switch to Skarm. If it freezes Uxie I let Uxie die and when I switch in Skarmory I use sub + flash + roost and let Tyranitar die to struggle. If it freezes Skarmory then try to thaw out I guess. If Skarm still dies, switch to Drapion and try to set up after Tyranitar has ran out of Ice Punch pp. **- Tyranitar1-4:** Use Thunder Wave (in case it’s Tyranitar2). If it’s Tyranitar4 and it used Crunch or Dragon Dance: Switch to Skarm and use Flash. Use Roost/Sub/Flash and outstall Stone Edge/Crunch. If he keeps using Dragon Dance instead of Earthquake, use sub and whirlwind. If Uxie died to crit, do the same but try to set up Drapion on Tyranitar. **- Snorlax4:** Probably best to switch to Skarmory and outstall him. **- Mamoswine4:** Mamoswine4 doesn’t 2hko Uxie with Double-Edge with a crit and a normal hit after being tricked. So Trick + Memento, then Flash x 2 or x 3 and switch to Drapion and setting up is an option. **- Suicune:** Surf shouldn’t kill 76 sp.def Uxie with a normal hit + a crit (very unlikely), so I should be able to use Trick + Thunder Wave and Memento. 2 crits in a row and I’m screwed. **- Ninetales4:** Flamethrower shouldn’t kill 76 sp.def Uxie with normal hit + crit (very unlikely, crit + burn could fuck me though). I should be able to use Trick + Thunder Wave and Memento. **- Gastrodon4:** Memento, Sub/Flash with Skarmory. **- Outrage leads (Garchomp, Salamence, Flygon, Dragonite):** Option1:Use Memento. Switch between Skarmory and Drapion to burn EQ PP and use Skarmory for flash against Garchomp. Cause -2 atk Garchomp can’t do much against Skarm. Fire Fang does max 18%. Option2: Trick, switch to Skarmory and use Flash + Roost. Switch back to Uxie and Retrick or use Memento. **- Espeon/Gengar/Alakazam/Gardevoir:** Use Trick or Memento **- Jolteon4 (Volt Absorb):** Memento **- Electivire4 (Motor Drive):** Memento **- Latios1 (Calm Mind):** Thunder Wave, switch to Skarm and use Flash. **- Zapdos:** Use Thunder Wave. Double Brightpowder + Signal beam confusion or crit miss might get me in trouble. **- STAB Ice users:** Use Thunder Wave. Sacrifice Uxie if he gets frozen and Flash/Sub/Roost with Skarm. **- Articuno:** Use Thunder Wave or Memento. Use Flash/Sub/Roost with Skarm **- Yanmega:** Use Memento with Uxie. If it’s Yanmega3 then either set up directly with Drapion or switch in Skarm and use Flash 6 times and then switch in Drapion.